

Name: _____

Address: _____

City: _____

Zip Code: _____

Phone: () _____

Email: _____

DOB ____ / ____ / ____

Grade in the Fall: _____

In case of injury to my child,
I agree to waive all claims resulting
from, or in connection with, the
activities in which my child is a
participant. I hereby release,
absolve, indemnify and hold harmless
The Summer Workout Camp, its
coaches and its members, organizers
& sponsors.

X _____
(PARENT/GUARDIAN SIGNATURE)

July 19th to July 30th

\$40.00 Donation

**Proceeds benefit the
Tri-State Tar Heels AAU
Girls Basketball.**

**All
Ages and Weight
Class**

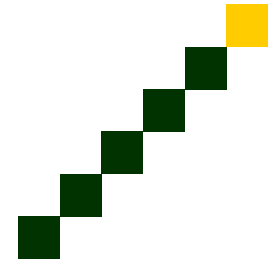
**Monday to Thursday
6:30pm to 8:15pm
Outdoors @ Pricketts
Mill Park**

**Checks Payable to:
Vasco M. Tejada**

203 Oak Shade Road
Tabernacle, NJ 08088
Phone: **(856) 952-2476**
Fax: **(856) 283-4744**

Vasco M. Tejada

*“My focus is to develop an
athlete’s mind and body to
compete at the highest level”.*



Valen M. Tejada
2nd Grade



Why are Summer Workouts great for Student Athletes of all ages?

- Proven success
- Parent participation
- Exciting workouts
- Individual training
- Competitive Environment
- FUN for all ages and level

Allison Lane: 4 year Scholarship
Marist (NY) D-1 Soccer
(2007)



Allison has been honored by the MAAC five times this year.

Voris Tejada Jr.: 4 year Scholarship
Duke University (NC) D-1 Wrestling
(2006)



- Vianca Tejada: 4 year Scholarship
St Francis (NY) D-1 Basketball
(2008)



"THE star, however. That distinction would still have to belong to Vianca Tejada. She makes it look so easy sometimes.. In fact, every time she takes a jumper I think it's going in, just because of the way she looks when she shoots". **1,235 points** Scorer.
Posted by SMC.

BENEFITS OVERVIEW

The Summer Workouts offers a comprehensive training plan designed to meet the individual needs of all our members:

- Speed & Agility
- Strength & Endurance
- Balance & Coordination
- Field generalship
- Scholarship counseling
- College Exposure
- Top Level Competition
- Lasting Friendships

Lailah Pratt: 4 year Scholarship
Quinnipiac (CT) D-1 Basketball
(2007)



McDonald's All American nominee. Scored over **1,895 points**, **1,200 rebounds** 4 yr Varsity career. Burlington county top leading Scorer. Led Palmyra High School girl's basketball team to the State Championship finals.

